

How we will be keeping you safe during your training

The impact of COVID-19 has created an extremely challenging time for many workforces. Training remains a priority during this period to ensure there is a skilled and competent workforce.

Organisations must still provide adequate trained personnel to respond if someone is taken ill or is injured. Training should therefore continue in order to ensure enough staff remain competent to manage such situations. It is your decision, as an employer, how many staff are required to complete training.

First Aid must be refreshed every 3 years for the worker to be considered competent. We recommend workers refresh their basic life support training at least annually

The Resuscitation Council UK have released specific [COVID-19 Guidance](#) including specific [guidance on CPR and resuscitation](#) which we recommend all workers are familiarised with. In line with this, here is our commitment to our trainers and to you;

- Our team will risk assess all training rooms to mitigate all risks of possible spread of COVID-19
- The lessons have been re-designed to ensure that there is no close contact between learners and trainers and a 2m distance is always maintained. Sensible adaptations to training and assessment activities have been introduced to achieve this
- Appropriate handwashing facilities and / or alcohol hand sanitisers will be available for use as learners enter and exit the training room and throughout their time in the classroom
- Anyone showing COVID-19 symptoms (fever, a new cough or loss of smell/taste) will be prohibited from entering the classroom
- We have implemented a 'track and trace' protocol for anyone who develops symptoms of COVID-19 during the course and within 2 weeks of attending the training course
- All equipment that is used by learners must be thoroughly cleaned before use by an individual learner
- The first aid taught reflects protocols that ensure the safe performance of first aid during the current COVID-19 outbreak. This must still include the teaching of rescue breaths
- All manikin lungs and airways will be disposed of and replaced after each training session
- If the course runs over several days, once learners have demonstrated their practical assessments successfully, they will not be required to do this again during the remainder of the course

To ensure you are compliant in keeping yourself and your staff first aid trained, speak to us and we can help guide you in your options.